

About Hawks Lacrosse Camp

- 10-1 Counselor to Camper Ratio
- Campers are broken up into two levels, based on age and skill level; beginner and intermediate.
- Skills taught range from learning how to throw and catch to face-offs to dodging and all the way up to 6 on 6 and how to read the opposing team.
- Each player will receive a Hawks Lacrosse Camp pinnie and water bottle.
- Players must have a US Lacrosse membership:
https://secure.uslacrosse.org/default.cfm?fuse_action=NewMem
- Players can bring their own lunch. For those who want, we will pre-order pizza and have drinks available for a fee.
- Camp prizes and awards will be given out throughout the week.



Coaching Staff

The River Dell Boys Lacrosse coaching staff has just finished up its second varsity season with a 14-4 record, a state playoff appearance, and outscored their opponents 234-131.



Head Coach Brian Rendine led River Dell to its first ever state playoff game in only the program's second year at the varsity level. Under his guidance, River Dell hosted state and county tournament playoff games, finished in 2nd place in their first season in the Pooley Conference, and helped River Dell finish 7th in the state in goals per game. Coach Rendine has over 8 years of coaching experience on the sideline, starting at Bergen Catholic where he was the JV and assistant varsity coach, highlighted with an appearance in the state finals.

Coach Dan Long is the varsity defensive coordinator at River Dell High School, where he has been with Coach Rendine since the program's inception in 2008.

Coaching Staff Continued

Coach Long played lacrosse at Bergen Catholic High School and then played club lacrosse while at Georgetown University.

Coach Will Leggett is the Face Off Specialist for the program in addition to being the Head JV coach. Coach Will is currently coming off a 13-1 season with the JV squad. Coach Will Leggett played for Middlebury High School, where he went on to make it to the VT state championship 4 straight years and winning the title 3 out of the 4 years. He was named to the Vermont All-Star Team where he was the starting face-off midfielder. He then played for the Ithaca Bombers club team where they finished 3rd in the country his sophomore year. After college, Coach Will went back to coach at Middlebury High School.

River Dell has six players this year earning All League commendations; two that received First Team, three that received Second Team and one that received Honorable Mention.



Hawks Lacrosse Camp

Please Print:

Name _____

Address _____

City _____

State _____ ZIP _____

Email: _____

Grade Entering in Sept. 2010 _____

Position: _____

Years Experience: _____

Level: **Beginner or Intermediate**

I hereby request that my son, named above, be admitted to the River Dell Lacrosse Association. I authorize the directors to act for me according to their best judgment in any emergency requiring medical attention. I agree that as parent/legal guardian I will instruct my son that prior to participating he should inspect the facilities and equipment to be used, and if he finds anything unsafe, he should immediately notify his coach or supervisors of such conditions and refuse to participate. I acknowledge and fully understand that each participant will be engaging in activities that involve risk of serious injury including permanent disability and death, and severe social and economical losses which might result not only from their actions, in-actions, or negligence, but the actions, in-actions, or negligence of others, the rules of play, or the conditions of the premises or of any equipment used. Further, that there may risks not known to us, or not reasonably foreseeable at this time. I assume foregoing all risk and accept personal responsibility for the damages following such injury, permanent disability, or death. I release, waive, discharge, and covenant not sue River Dell Lacrosse Association, its affiliated clubs, their respective administrators, directors, agents, coaches, and other employees of the organization, other participants, sponsoring agents, sponsors, advertisers and if applicable, owners and lessees of the premises used to conduct the events, all of which are hereinafter referred to as "releases", from any and the next of kin of any claims, demands, losses or damages of property caused or alleged to be caused in whole or in part by the negligence of the releases or otherwise.

I HAVE READ THE ABOVE WAIVER AND RELEASE, UNDERSTANDING THAT I/WE HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND SIGN IT VOLUNTARILY.

Parent Signature _____ Date _____

Daytime Phone # _____

Please return completed application and fee of
\$175.

Please make checks payable to:

RDLA c/o Hawks Lacrosse Camp
P.O. Box 505
Oradell, NJ 07649



Brian Rendine
Head Boys' Lacrosse Coach, River Dell
High School
Email: CoachRendine@gmail.com
Team Website: www.freewebs.com/rdlax
Facebook: "Brian CoachRendine
Rendine"
YouTube: CoachRendine

"It's not the will to win that matters -
everyone has that. It's the will to prepare
to win that matters." -Coach Bear Bryant

Hawks Lacrosse Camp



Lacrosse Camp for Boys
Entering 3rd-9th Grades
July 26th-30th 2010
At River Dell Middle School
Cost: \$175

"I've missed more than 9000 shots in my
career. I've lost almost 300 games. 26
times, I've been trusted to take the
game winning shot and missed. I've
failed over and over and over again in
my life. And that is why I succeed."

Michael Jordan